



PHILADELPHIA ORTHOPAEDIC SOCIETY

308 Rolling Creek Road, Swarthmore, PA 19081

www.phillyortho.org • Tel: 484.716.8909 • Email: admin@phillyortho.org



Dear Philadelphia Orthopedic Society Members,

I hope this message finds you well as we enter another exciting season of educational programming and collegial engagement.

On behalf of the Philadelphia Orthopedic Society, I would like to extend our sincere gratitude to **Andrew Hecht, MD**, for his outstanding presentation last month on “**Cervical Spine Injuries and Return to Play.**” Dr. Hecht delivered an engaging and thought-provoking discussion that provided valuable insights into the evaluation and management of cervical spine injuries in athletes, as

well as the complex decision-making surrounding safe return-to-play recommendations. His expertise and practical perspective generated excellent discussion and made for a memorable evening of learning. We are thankful for his time, contributions, and commitment to orthopedic education.

As we look ahead, I encourage all members to join us for our next Society meeting on **October 12, 2026**. We are pleased to welcome **Paul Cagle, MD**, who will present “**Rats, Lasers, and Nerves...Oh My!**” This promises to be a fascinating exploration of innovative research and emerging technologies that are shaping the future of orthopedic care. Dr. Cagle is an engaging speaker, and I am confident attendees will leave with new perspectives and valuable insights applicable to both clinical practice and academic inquiry.

The strength of our Society lies in the active participation of its members. These meetings offer an excellent opportunity not only to learn from leaders in our field but also to reconnect with colleagues, exchange ideas, and foster the professional relationships that make our orthopedic community so vibrant.

I look forward to seeing many of you on October 12.

Warm regards,

Katie Fedorka, MD

President, Philadelphia Orthopedic Society

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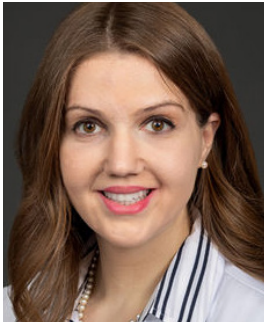
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PROGRAM CHAIR'S REPORT



Please join us in welcoming Dr. Paul Cagle, Professor of Orthopaedic Surgery at the Icahn School of Medicine at Mount Sinai, where he serves as Director of the Shoulder and Elbow Fellowship and Associate Residency Program Director.

Dr. Cagle is an accomplished surgeon, educator, and investigator whose research has included more than a decade of work focused on peripheral nerve injury and innovative approaches to understanding nerve function and recovery.

He will present “Rats, Lasers and Nerves, Oh My!”, a basic science-focused discussion highlighting this work and its clinical relevance to orthopaedic practice.

We are pleased to welcome Dr. Cagle and look forward to his presentation.

Theresa J.C. Pazonis, MD, MA, FRCSC, FAAOS
Program Chair, Philadelphia Orthopaedic Society

THE ARCHIVE LIBRARY IS OPEN!



In September 2023, the Society began recording our guest lectures. Those lectures are available for viewing in a member-only section of the Society's website.

The 2025-26 lectures have been uploaded to the website.

Members in good standing and Emeritus Members have already received the password to the Archives Library via an email.

If you are an Emeritus or a member in good standing and did not receive the password, please email admin@phillyortho.org.

SEPTEMBER MEETING

The 19th Annual Parviz Kambin Lecture Monday, October 12, 2026

6:00 p.m. Buffet

7:00 p.m. Program

THE PYRAMID CLUB

52nd Floor, 1735 Market Street, Philadelphia

Rats, Lasers and Nerves, oh my!



Paul Cagle, Jr, MD

Professor of Orthopaedic Surgery, Director Shoulder and Elbow Fellowship

Associate Residency Program Director

Mt. Sinai West

Price: \$65 for Members and Emeritus Members

\$90 for Non-members

Please register online at www.phillyortho.org

— Residents may register through their Program Coordinators —

REGISTRATION DEADLINE MONDAY, OCTOBER 5, 2026

2026-2027 MEETING SCHEDULE



October 12, 2026

19th Annual Parviz Kambin Lecture

Rats, Lasers and Nerves, oh my!

Paul Cagle, Jr., MD

Associate Professor of Orthopaedic, Shoulder and Elbow Surgery, Mount Sinai West

November 9, 2026

26th Annual Howard A. Steele Lecture

Intellectual Property: From Innovation to Commercialization

Rick Fessler, MD, PhD

Professor, University of Chicago Pritzker School of Medicine

December 14, 2026

14th Annual John McPhilemy Lecture

Braidy Shambaugh, DO

Brown University Health Orthopedics Institute

February 8, 2027

Contemporary Approaches to Pelvic Trauma: Surgical Strategies and Decision-Making

David Gendelberg, MD & Ashraf El Naga, MD

UCSF Trauma & Problem Fractures

April 14 2027

24th Annual Steinberg-Lotke Lecture

Advancing Orthopaedic Residency Education: Modern Strategies for Training Excellence

Alexander L. Neuwirth, MD

Associate Professor, Columbia University Medical Center

May 10, 2027

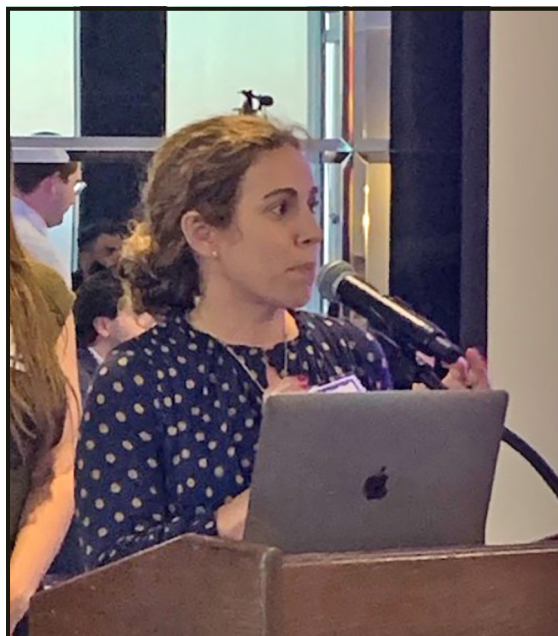
27th Annual Snyder-Gregg Resident Bowl



September Meeting Photos



*Passing the Gavel: Incoming President Katie Fedorka greeted
Council members prior to the Dinner Program
(From left) Drs. Gutowski, Pazonis, Fedorka, Messina and Spiegel*



*Dr. Fedorka greeted the
Membership and Residents*



September Meeting Photos



Drs. Pazionis, Hecht and Vaccaro



Drs. Good and Gutowski



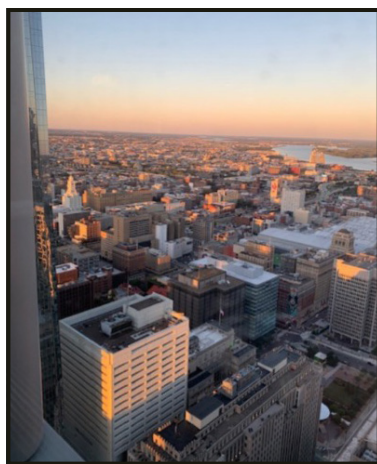


September Meeting Photos





September Meeting Photos



Stunning views from the Pyramid Club

MEET THE BOARD



PRESIDENT
Catherine J. Fedorka, MD
Cooper University Hospital



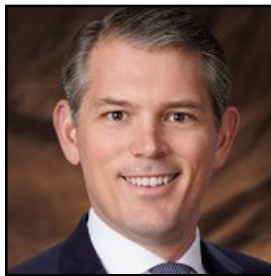
PRESIDENT-ELECT
Christina Gutowski, MD
Cooper University Hospital



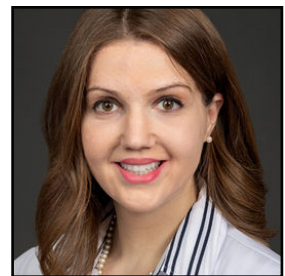
VICE PRESIDENT
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at Tower Health



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Blair S. Ashley, MD
Main Line Health
Orthopaedics & Spine



TREASURER
Daniel E. Davis, MD
Rothman Institute



PROGRAM CHAIR
Theresa Pazonis, MD
Temple Orthopaedics



PROGRAM CHAIR ELECT
Leslie A. Barnes, MD
Temple Orthopaedics



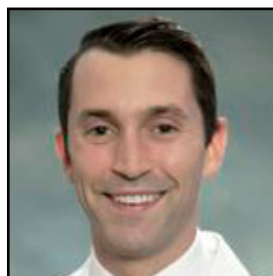
HISTORIAN
Amrit Khalsa, MD
Penn Orthopaedics



BYLAWS
David A. Spiegel, MD
Children's Hospital of Philadelphia



MEMBERSHIP COMMITTEE
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Rothman Orthopaedics



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James Stenson, DO
Jefferson Orthopaedics



DIRECTOR-AT-LARGE 2ND YEAR
Christopher Kester, DO
Main Line Health
Orthopaedics & Spine



**IMMEDIATE
PAST PRESIDENT**
Surena Namdari, MD
Rothman Institute