



PHILADELPHIA ORTHOPAEDIC SOCIETY

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PRESIDENT'S GREETING

Dear Colleagues,

As we close out the year, I would like to thank everyone who joined us for our December meeting. We were especially fortunate to hear from Dr. Steven Frick, who delivered an outstanding and timely talk on maintaining professionalism in orthopedic surgery. His insights resonated with many of us, offering both practical guidance and a meaningful reminder of the standards and values that

define our work—especially during times of rapid change and increasing demands. We are grateful to Dr. Frick for sharing his experience and perspective with our society.

As the holiday season is upon us, I would like to wish you and your families a happy, healthy holiday and a joyful New Year. I hope the coming months bring you rest, fulfillment, and continued success both personally and professionally.

Looking ahead, I am excited to invite you to our next meeting, which will feature my partner and a truly revolutionary surgeon, physician, and now podcaster, Dr. Matthew Ramsey. Dr. Ramsey will share insights from his podcast, which explores the future of healthcare and the evolving role of physicians within it. This promises to be an engaging and forward-looking discussion that you will not want to miss.

Thank you for your continued involvement and support of the Philadelphia Orthopedic Society. I look forward to seeing you at our upcoming meeting and throughout the year ahead.

Surena Namdari MD, MSc
President

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PROGRAM CHAIR'S REPORT



Our final meeting of 2025 for the Philadelphia Orthopaedic Society was held on December 8 where we were joined by Dr. Steven Frick. As noted in last month's newsletter, Dr. Frick has a very accomplished history of leadership within many levels of orthopaedic surgery and provided a great lecture on professionalism within your practice. There was something for everyone to take to improve their practice and our profession and we appreciate him sharing his wisdom.

As we enter the New Year, we will not meet until February at which point we have the pleasure of hosting Dr. Matthew Ramsey. Dr. Ramsey should be familiar to most members of the Society as he has practiced his entire career in the Philadelphia area. As a native New Yorker, Dr. Ramsey received his undergraduate degree from SUNY Binghamton, followed by medical school at SUNY Downstate in Brooklyn and his general surgery internship at Long Island Jewish. He then came to Philadelphia for his orthopaedic residency, where he has since been much to the benefit of all of us in the Philadelphia area. He completed his orthopaedic residency at Thomas Jefferson University then moved across town to the University of Pennsylvania for his fellowship in shoulder surgery with Dr. Gerald Williams and Dr. Joseph Iannotti. He then briefly spent time at the Mayo Clinic for extra training in elbow surgery after which he returned to Penn to join Drs Williams and Iannotti. After just over 10 years at Penn, Dr. Ramsey then came back to his place of training to join Rothman Orthopaedics at Jefferson, where he has been since. He has trained countless residents and fellows and is recognized as a pre-eminent expert in shoulder, and particularly elbow, surgery.

With such an illustrious career in orthopaedic surgery Dr. Ramsey has found another passion at which to excel. For the last few years, he along with Dr. Wendy Dean, have created the "43cc Podcast", which has explored the inner workings of the American healthcare system via in-depth, high yield interviews. He has turned this into an award-winning podcast and we are happy to welcome him to the Philadelphia Orthopaedic Society to share his story. I hope you all can join us on February 9, 2026 for what will be a fantastic lecture.

Daniel Davis, MD
Program Chair

FEBRUARY MEETING

Thirteenth Annual Richard H. Rothman Lecture Monday, February 9, 2026

6:00 p.m. Buffet

7:00 p.m. Program

THE PYRAMID CLUB

52nd Floor, 1735 Market Street, Philadelphia

“43cc - The Making of a Podcast for the Future of Healthcare”



Matthew Ramsey, MD

Shoulder and Elbow Surgeon, Rothman Orthopaedics

Professor of Orthopaedic Surgery

Sidney Kimmel Medical College Thomas Jefferson University

Price: \$65 for Members and Emeritus Members

\$90 for Non-members

Please register online at www.phillyortho.org

— Residents may register through their Program Coordinators —

REGISTRATION DEADLINE MONDAY, FEBRUARY 2, 2026

2025-2026 MEETING SCHEDULE



February 9, 2026 • 13th Annual Richard H. Rothman Lecture

“43cc – The Making of a Podcast for the Future of Healthcare”

Matthew Ramsey, MD

Shoulder and Elbow Surgeon at Rothman Orthopaedics and Professor of Orthopaedic Surgery Sidney Kimmel Medical College at Thomas Jefferson University

April 13 2026 • 18th Annual Parviz Kambin Lecture

“What to Expect for the Future of the ACA, Medicare, and Medicaid”

David Grande, MD, MPA

*Director of Policy, Leonard Davis Institute of Health Economics,
Professor of Medicine, Perelman School of Medicine*

May 11, 2026 • Snyder-Gregg Resident Bowl

CONDOLENCES



Dr. Alexander Gregory Justin Pazonis

The Board and Membership of the Society send sincere condolences to our Program Chair Elect, Dr. Theresa Pazonis and her family on the passing of her brother, Alexander.

Alexander was a remarkably accomplished physician and scientist. His obituary and information about a fund established to honor his memory is below.

<https://obituaries.thespec.com/obituary/dr-alexander-gregory-justin-pazonis-1093371506>



December Meeting Highlights



Drs. Frick and Steinberg



Another packed house!

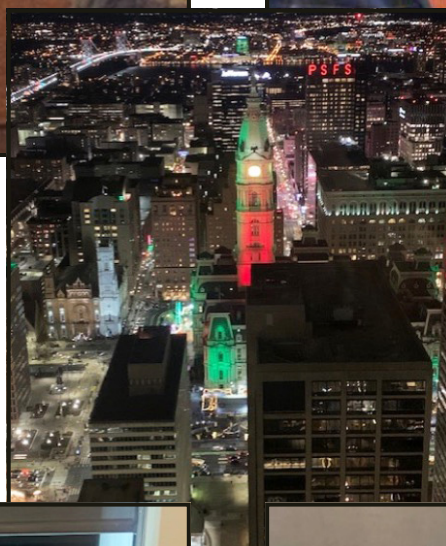


December Meeting Highlights





December Meeting Highlights



*A view from the
Pyramid Club*





December Meeting Highlights



MEET THE BOARD



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Surena Namdari, MD
Rothman Institute



PRESIDENT-ELECT
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Cooper University Hospital



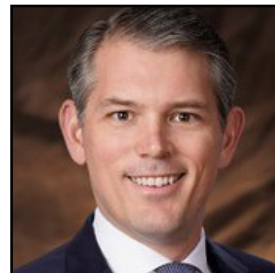
VICE PRESIDENT
Christina Gutowski, MD
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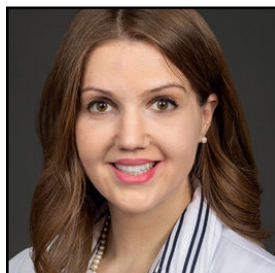
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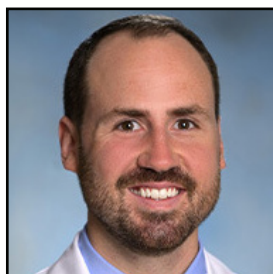
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