



# PHILADELPHIA ORTHOPAEDIC SOCIETY

308 Rolling Creek Road, Swarthmore, PA 19081

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## PRESIDENT'S GREETING

Dear Colleagues,

It was truly inspiring to see such a strong turnout from our membership at the recent John Esterhai Memorial Lectureship. Dr. Buddy Savoie's talk on Leadership was nothing short of exceptional – a reminder that leadership in orthopaedics extends far beyond our operating rooms and clinics. His reflections on mentorship, accountability, and the courage to guide others resonated deeply with everyone in attendance. The energy in the room was a testament to the strength and engagement of our Philadelphia orthopaedic community.

At that same meeting, Dr. Garino offered a powerful reminder of the dangers of apathy within our profession. His message—that complacency can quietly erode our commitment to innovation, education, and patient care—was timely and important. Leadership, as both Dr. Savoie and Dr. Garino emphasized, is not defined by title but by the daily choices we make to contribute, to teach, and to uphold the standards of our field. I encourage all of us to take that message to heart as we move into the new year.

As Thanksgiving approaches, I want to extend warm wishes to you and your families. This season of gratitude reminds us how fortunate we are to serve in a profession that allows us to restore function, relieve pain, and improve lives every single day. In orthopaedics, giving thanks often means appreciating the privilege of helping others regain mobility and independence – truly one of life's greatest gifts.

Thank you for your continued engagement and commitment to excellence. I look forward to seeing everyone at our next meeting.

Surena Namdari MD, MSc  
President

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# PROGRAM CHAIR'S REPORT



On November 10, 2025, we had the honor of welcoming Dr. Buddy Savoie for the 5th John Esterhai Lecture. Dr. Savoie provided a thoughtful and engaging look into his development as a leader in orthopaedic surgery. He also spent time taking questions and giving fantastic advice on getting involved in leadership to a full house of residents and attendings alike. It was truly a fantastic evening.

For our final meeting of 2025 we look forward to another engaging talk as Dr. Steven Frick joins us from Charlotte, North Carolina to speak about Professionalism for the Steinberg-Lotke Lecture. Dr. Frick received his bachelor's degree from George Washington University where he was also a standout basketball player. He then went on to medical school at the Medical University of South Carolina, orthopaedic residency at Carolinas Medical Center, and pediatric orthopaedic fellowship at University of California, San Diego. Dr. Frick started his practice back at Carolinas Medical Center where he served as the residency program director. He then moved to Orlando, Florida to help build the new branch of Nemours Children's Hospital, followed by time at Stanford University where he was the vice chair of education and chief of pediatric orthopaedic surgery. He has since returned to Charlotte practicing at Atrium Health and helping to develop the new Charlotte branch of the Wake Forest Medical school as professor and Associate Dean. Dr. Frick is also very active in the American Orthopaedic Association, he is a director on the board of the ABOS and is a past president of POSNA. We look forward to many of the insights Dr. Frick will provide from his illustrious career and help to educate us on some of the new professionalism metrics the ABOS will be tracking for board certification. I hope many of you can join us on December 8 for this event.

See you all then and Happy Thanksgiving,

Dan Davis  
Program Chair

# 2025-2026 MEETING SCHEDULE



## **December 8, 2025 • 23<sup>rd</sup> Annual Steinberg-Lotke Lecture**

*“Maintaining Professionalism in Orthopaedic Surgery”*

Steven Frick, MD

*Pediatric Orthopaedic Surgeon Atrium HealthCare,  
Professor of Orthopaedic Surgery and Associate Dean  
Wake Forest University Medical School, Charlotte Campus*

## **February 9, 2026 • 13<sup>th</sup> Annual Richard H. Rothman Lecture**

*“43cc – The making of a Podcast for the Future of Healthcare”*

Matthew Ramsey, MD

*Shoulder and Elbow Surgeon at Rothman Orthopaedics and Professor of Orthopaedic  
Surgery Sidney Kimmel Medical College at Thomas Jefferson University*

## **April 13 2026 • 18<sup>th</sup> Annual Parviz Kambin Lecture**

*“What to Expect for the Future of the ACA, Medicare, and Medicaid”*

David Grande, MD, MPA

*Director of Policy, Leonard Davis Institute of Health Economics,  
Professor of Medicine, Perelman School of Medicine*

## **May 11, 2026 • Snyder-Gregg Resident Bowl**

# DECEMBER MEETING

## Twenty-third Annual Steinberg-Lotke Lecture Monday, December 8, 2025

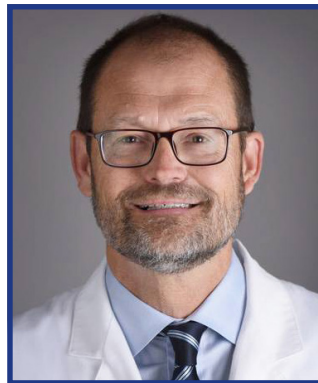
6:00 p.m. Buffet

7:00 p.m. Program

### THE PYRAMID CLUB

52nd Floor, 1735 Market Street, Philadelphia

### *“Maintaining Professionalism in Orthopaedic Surgery”*



### Steven Frick, MD

*Professor of Orthopaedic Surgery and Associate Dean  
Wake Forest University Medical School*

Price: \$65 for Members and Emeritus Members  
\$90 for Non-members

Please register online at [www.phillyortho.org](http://www.phillyortho.org)

— Residents may register through their Program Coordinators —

**REGISTRATION DEADLINE MONDAY, DECEMBER 1, 2025**

## MEMBER HAPPENINGS



*(Pictured from left) Drs. Ameen Al Alwany, David Spiegel and Ali Al-Hilli*

*Dr. Spiegel served as a national board examiner on his recent trip to Iraq and was approved by the Iraqi Ministry of Education to serve as a Visiting Professor at the University of Baghdad. He is seen here with his long-time pediatric orthopaedic friend and colleague Dr. Ali Al-Hilli to his right and Dr. Ameen Al Alwany who is Dean of the College of Medicine at the University of Baghdad.*

# CALL FOR ABSTRACTS

## The Eleanor A. Slanga Resident Research Award

The Eleanor A. Slanga Resident Research Award was established to recognize excellence in research in the discipline of Orthopaedics. The award is open to all current Orthopaedic residents in programs associated with the Philadelphia Orthopaedic Society.

**Original abstracts not published prior to April 1, 2026 will be accepted for review.**

The resident must be the first author, but not necessarily the only author of the paper. It is expected that the submitting resident will have primary responsibility for the literature review, implementation of the study and final drafting of the discussion section.

The award and stipend (\$500.00) will be conferred at the Annual Resident Bowl on Monday, May 11, 2026.

Abstracts must be received no later than April 1, 2026 to allow adequate time for review. Any abstracts received after April 1, 2026 will be ineligible for consideration.

Abstracts should be submitted to:

Teri Wiseley, CMM, Executive Director via email to [admin@phillyortho.org](mailto:admin@phillyortho.org)

**Two copies should be submitted.**

**One copy should have ALL INSTITUTION AND  
AUTHOR INFORMATION REDACTED.**





# *November Meeting Highlights*





# *November Meeting Highlights*







# *November Meeting Highlights*





# *November Meeting Highlights*







# *November Meeting Highlights*



# MEET THE BOARD



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Rothman Institute



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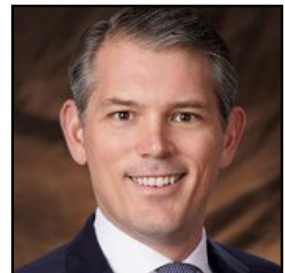
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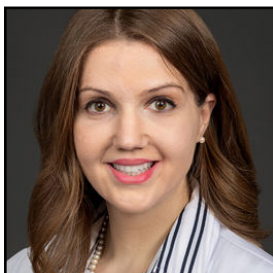
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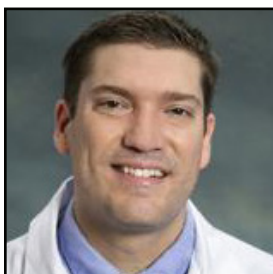
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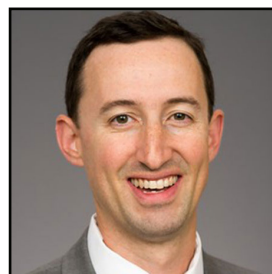
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