



# PHILADELPHIA ORTHOPAEDIC SOCIETY

308 Rolling Creek Road, Swarthmore, PA 19081

www.phillyortho.org • Tel: 484.716.8909 • Email: admin@phillyortho.org



## PRESIDENT'S GREETING

Dear Philadelphia Orthopedic Society Members,

We hope this newsletter finds you in good health and high spirits. As we approach the end of the year, we are thrilled to present the December lecture, a tribute to two pillars of orthopedic excellence in Philadelphia—Drs. Marvin E Steinberg and Paul Lotke. We are super excited to host Dr Thomas McPartland MD all the way from New Jersey!

I would love for you to read below about the two giants on who's shoulders we all stand.

In the 28th edition (2018) of the University of Pennsylvania Orthopaedic Journal, They honored Dr. Marvin E Steinberg for his 50-year commitment to orthopedics.

Dr. Steinberg's remarkable career spans groundbreaking contributions to hip pathology, joint reconstruction, and extensive research in osteoporosis and arthritis. His leadership roles, including President of esteemed orthopedic societies, showcase his commitment to advancing the field. He has authored over 195 peer-reviewed publications and given 300+ national and international presentations.

Beyond his academic prowess, Dr. Steinberg's innovations, such as the "Steinberg Revision System," and his expertise in osteonecrosis of the femoral head have left an indelible mark. As a Director of the Hip Clinic and Joint Reconstruction Center at Penn, he not only excelled in clinical practice but also served as a mentor and consultant reviewer, shaping the next generation of orthopedic professionals.

Yet, it's not just his professional achievements that define Dr. Steinberg. Described as a selfless and humble individual, his dedication to family traditions and commitment to spending quality time with his loved ones, even in retirement, reflect the values that have shaped his enduring legacy.

In the 29th edition (2019) of the University of Pennsylvania Orthopaedic Journal, they honor Dr. Paul A. Lotke, an eminent figure in orthopaedics for over 50 years. As a foundational member of the University of Pennsylvania Orthopaedic Department, Dr. Lotke's influence has been instrumental in shaping the department's evolution. A Philadelphia native, he graduated from the University of Pennsylvania in 1963 and embarked on a diverse postgraduate journey, including research in Russia.

Joining the University of Pennsylvania Orthopaedic Department in 1971, Dr. Lotke played a key role in establishing the first specialty knee clinic, foreseeing its significance in modern orthopaedics. His contributions extend to clinical innovations, such as advocating for well-positioned components in knee replacements, and challenging conventional practices in DVT prophylaxis.

Dr. Lotke's impact isn't confined to clinical practice; he dedicated significant time to Orthopaedics Overseas, providing orthopaedic care globally. His illustrious career includes leadership roles, editorial contributions, and administrative positions, such as chief of the Implant Service at Penn and President of the Knee Society.

Sincerely,

Joseph Rosenblatt, DO, President

# PROGRAM CHAIR'S REPORT



It is my pleasure to announce the speaker for our December 2023 meeting, Thomas McPartland, MD. Dr. McPartland is a native of Hillsborough, NJ and currently a practicing pediatric orthopaedic surgeon at Robert Wood Johnson-Barnabas Health Children's Specialized Hospital in New Brunswick, NJ. His clinical focus is in deformities of the spine, hip and pelvis, and leg, along with generalized pediatric orthopaedic care. His medical school and orthopaedic residency training were completed at Rutgers- Robert Wood Johnson University Hospital, and he then proceeded to Boston Children's Hospital for his fellowship.

Personally, I met Dr. McPartland 4 years ago when he was helping to direct the AAOS Annual Course for Orthopaedic Educators. In addition to his clinical interests, he has specific research and teaching focus on improving medical and post-graduate orthopaedic surgical education. After months of preparation, he and the other course directors donated a week of their time to present an exceptionally high-yield, intensive course on how to teach orthopaedics. It was during this course when Dr. McPartland shared striking personal experience surrounding mental health, and the insights he's developed regarding well-being in the medical field. Several years later, I have asked him to speak to the Society on this topic, as the mental health of our members and the greater Philadelphia Orthopaedic community remains a top priority of our group. With the holidays upon us, I am grateful for the camaraderie and collegiality of the POS and I urge all of you to take care of yourselves, each other, and enjoy a safe and happy holiday season!

Christina Gutowski, MD  
Cooper University Hospital



**MEETING VENUE**  
**The Teller Ballroom At**  
**Rodeph Shalom Synagogue**  
**615 N. Broad Street, Philadelphia**



*When using Uber or Lyft, enter 1339 Green Street as your drop-off or pick-up location.*

**\*Note there is SECURED FREE PARKING  
enter from either side street, Green or Mt. Vernon Street.**

# CALL FOR PAPERS

## The Eleanor A. Slanga Resident Research Award

The Eleanor A. Slanga Resident Research Award, was established to recognize excellence in research in the discipline of Orthopaedics. The award is open to all current Orthopaedic residents in programs associated with the Philadelphia Orthopaedic Society. **Original manuscripts not published prior to April 1, 2024 will be accepted for review.**

The resident must be the first author, but not necessarily the only author of the paper. It is expected that the resident will have primary responsibility for the literature review, implementation of the study and final drafting of the discussion section.

The award and stipend (\$500.00) will be conferred at the Annual Resident Bowl on Monday, Monday, May 13, 2024.

Abstracts must be received no later than April 1, 2024 to allow adequate time for review. Any abstracts received after April 1, 2024 will be ineligible for consideration.

Manuscripts should be submitted to:

Teri Wiseley, CMM, Executive Director via email to [admin@phillyortho.org](mailto:admin@phillyortho.org)

*Two copies should be submitted.*

*One copy should have ALL INSTITUTION AND AUTHOR INFORMATION REDACTED.*

# 2023-2024 MEETING SCHEDULE

## December 4, 2023 • 21<sup>st</sup> Annual Steinberg-Lotke Lecture

*Taking It All in Stride: Personal Wellness in a Busy Practice – Tom McPartland, MD*

## January & February, 2024 (No Programs)

## March 11, 2024 • 11<sup>th</sup> Annual Richard H. Rothman Lecture

*My Journey with the Bugs – Javad Parvizi, MD*

## April 8, 2024 • 16<sup>th</sup> Annual Parviz Kambin Lecture

*Ultra-Enhanced Recovery Pathways applied to Adult Spinal Deformity Surgery:  
Can we move to the ASC? – Han Jo Kim, MD*

## May 13, 2024 • 24<sup>th</sup> Annual Snyder/Gregg Resident Bowl

*Program Facilitator – Christina Gutowski, MD*

# NOVEMBER MEETING

## Twenty-First Annual Steinberg-Lotke Lecture

Monday, December 4, 2023

6:00 p.m. Buffet, 7:00 p.m. Program

*“Taking It All in Stride – Personal Wellness in a Busy Practice”*



**Tom McPartland, MD**

*Pediatric Orthopedic Associates*

Price: \$65 for Members and Emeritus Members • \$75 for Non-members

Please register online at [www.phillyortho.org](http://www.phillyortho.org)

Registration deadline Monday, November 27, 2023

Members in good standing who wish to attend via ZOOM, please email  
Executive Director Teri Wiseley at [admin@phillyortho.org](mailto:admin@phillyortho.org)

**RESIDENTS MAY REGISTER THROUGH  
THEIR PROGRAM COORDINATORS**

## **ATTENTION PROGRAM DIRECTORS AND RESIDENTS**

For this academic year we are running a new contest!  
Whichever residency program has the best in-person attendance of residents  
(based on the percentage of total residents)  
will win a night out on the Board at a location of your choice!





# November Meeting Highlights



*Drs. David Spiegel, Scott Levin, Joseph Rosenblatt, Nina Gutowski*





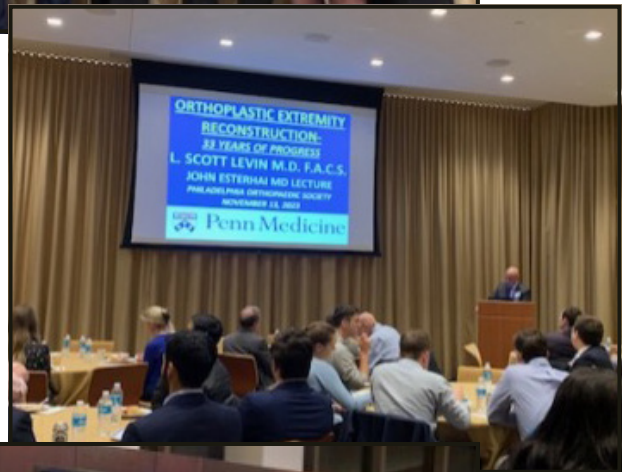
# November Meeting Highlights







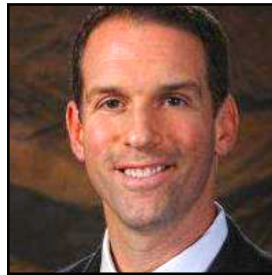
# November Meeting Highlights



# MEET THE BOARD



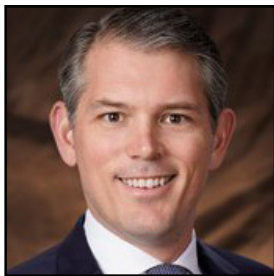
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Cooper University Hospital



**PROGRAM CHAIR**  
**Christina Gutowski, MD**  
Cooper University Hospital



**PROGRAM CHAIR ELECT**  
**Michael Messina, MD**  
Valley Forge Orthopaedics  
at Tower Health



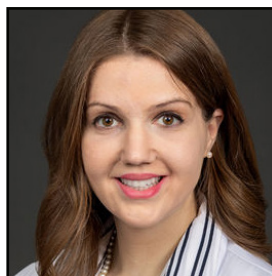
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Children's Hospital  
of Philadelphia



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