



# PHILADELPHIA ORTHOPAEDIC SOCIETY

308 Rolling Creek Road, Swarthmore, PA 19081

www.phillyortho.org • Tel: 484.716.8909 • Email: admin@phillyortho.org



Dear Members of the Philadelphia Orthopaedic Society,

It is my great honor and privilege to welcome you to another exciting year with the Philadelphia Orthopaedic Society. As President, I am grateful for the opportunity to serve this remarkable community of surgeons who are dedicated to education and advancing orthopedic care throughout our region. I would like to take a moment to thank Dr. Surena Namdari for his service as our president this past year, leading this historic organization through another tremendous year of education, collaboration, and mentorship. It has been an honor to work with him for close to a decade on the board of our society. I have big shoes to fill this year!

Our Society has long been a forum for professional collaboration, lifelong learning, and mentorship. I want to congratulate Dr. Daniel Davis on an exceptional educational program last year from thought leaders around our country. This year, Dr. Theresa Pazonis, has put together another outstanding educational program from world renowned researchers, lecturers, and surgeons from across the country. Our academic year will commence with Dr. Andrew Hecht, Chief of Spine Surgery at Mount Sinai, who will speak about “The Athlete’s Spine: Evaluation, Treatment, and Return to Play.” I hope to see you there.

I would like to extend a special welcome to our new members, especially our new intern residents. We are delighted to have you join our community and look forward to your contributions. To our longstanding members, thank you for your continued dedication and support, which have helped make the Philadelphia Orthopaedic Society a vibrant and respected organization.

I am excited about what we will learn together in the coming year and look forward to connecting with many of you at our upcoming events.

Thank you for your commitment to our profession, our patients, and our Society.

Warm regards,

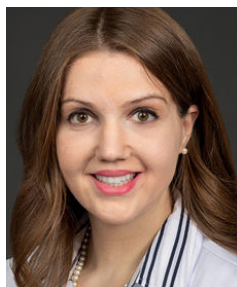
Catherine Fedorka, MD, FAAOS  
President



## The Archive Library is OPEN!

In September 2023, the Society began recording our guest lectures. Those lectures are available for viewing in a member-only section of the Society’s website. The 2025-26 lectures have been uploaded to the website. Members in good standing and Emeritus Members may request a link to the Archives Library by emailing Teri Wiseley at admin@phillyortho.org.

# PROGRAM CHAIR'S REPORT



Welcome to the 2026–2027 lecture series of the Philadelphia Orthopaedic Society. It has been a privilege to organize this year's program, and I would like to thank our Executive Board, committee members, and invited faculty for helping bring together an outstanding lineup of speakers. This year, we are excited to present another exceptional series of lectures featuring nationally recognized leaders whose expertise spans sports medicine, spine surgery, trauma, innovation, and orthopaedic education.

We are pleased to begin the academic year with Andrew Hecht, MD, Chief of Spine Surgery at Mount Sinai Hospital, who will present **The Athlete's Spine: Evaluation, Treatment, and Return to Play**, sharing his expertise on the care of athletes across all levels of competition. In October, Paul Cagle, Jr., MD, of Mount Sinai West will discuss **Innovations in Shoulder Arthroscopy: Emerging Techniques and Technology**, highlighting advances that continue to expand the capabilities of minimally invasive shoulder surgery.

Our Howard H. Steele Lecture in November will feature Rick Fessler, MD, PhD, Professor at the University of Chicago, presenting **Intellectual Property: From Innovation to Commercialization**, offering valuable insight into translating novel ideas into meaningful advances in patient care and technology. In December, we will continue one of our Society's proudest traditions with the 15th Annual John McPhilemy Lecture, featuring a distinguished speaker to be announced.

Following the winter recess, David Gendelberg, MD, and Ashraf El Naga, MD, from UCSF will present **Contemporary Approaches to Pelvic Trauma: Surgical Strategies and Decision Making**, reviewing current principles and evolving techniques in the treatment of complex pelvic injuries. We will conclude the lecture series with Alexander L. Neuwirth, MD, of Columbia University Medical Center, whose presentation, **Advancing Orthopaedic Residency Education: Modern Strategies for Training Excellence**, will explore innovative approaches to preparing the next generation of orthopaedic surgeons.

As always, we will conclude the academic year with the Snyder-Gregg Resident Bowl, celebrating the knowledge, camaraderie, and excellence of our orthopaedic residents.

On behalf of the Philadelphia Orthopaedic Society, thank you for your continued support and engagement. We look forward to another outstanding year of education, collaboration, and professional growth, and we hope to see you throughout the lecture series.

Sincerely,

Theresa J.C. Pazonis, MD, MA, FRCSC FAAOS

Program Chair

Philadelphia Orthopaedic Society

# SEPTEMBER MEETING

## The 14th Annual Richard H. Rothman, MD Lecture Monday, September 14, 2026

6:00 p.m. Buffet

7:00 p.m. Program

### THE PYRAMID CLUB

52nd Floor, 1735 Market Street, Philadelphia

## *Cervical Spine Injuries and Return to Play: State of the Art 2026*



### Andrew Hecht, MD

Chief Spine Surgery Mount Sinai Health System  
Professor Orthopaedic and Neurosurgery

Price: \$65 for Members and Emeritus Members  
\$90 for Non-members

Please register online at [www.phillyortho.org](http://www.phillyortho.org)

— Residents may register through their Program Coordinators —

**REGISTRATION DEADLINE MONDAY, SEPTEMBER 7, 2026**

# 2026-2027 MEETING SCHEDULE



**September 14, 2026**

**14<sup>th</sup> Annual Richard H. Rothman, MD Lecture**

*Cervical Spine Injuries and Return to Play: State of the Art 2026*

Andrew Hecht, MD

*Chief Spine Surgery Mount Sinai Health System*

*Professor Orthopaedic and Neurosurgery*

**October 12, 2026**

**19<sup>th</sup> Annual Parviz Kambin Lecture**

*Innovations in Shoulder Arthroscopy: Emerging Techniques and Technology*

Paul Cagle, Jr., MD

*Associate Professor of Orthopaedic, Shoulder and Elbow Surgery, Mount Sinai West*

**November 9, 2026**

**26<sup>th</sup> Annual Howard A. Steele Lecture**

*Intellectual Property: From Innovation to Commercialization*

Rick Fessler, MD, PhD

*Professor, University of Chicago Pritzker School of Medicine*

**December 14, 2026**

**14<sup>th</sup> Annual John McPhilemy Lecture**

Braidy Shambaugh, DO

*Brown University Health Orthopedics Institute*

**February 8, 2027**

**13<sup>th</sup> Annual Richard H. Rothman Lecture**

*Contemporary Approaches to Pelvic Trauma: Surgical Strategies and Decision-Making*

David Gendelberg, MD & Ashraf El Naga, MD

*UCSF Trauma & Problem Fractures*

**April 14 2027**

**24<sup>th</sup> Annual Steinberg-Lotke Lecture**

*Advancing Orthopaedic Residency Education: Modern Strategies for Training Excellence*

Alexander L. Neuwirth, MD

*Associate Professor, Columbia University Medical Center*

**May 10, 2027**

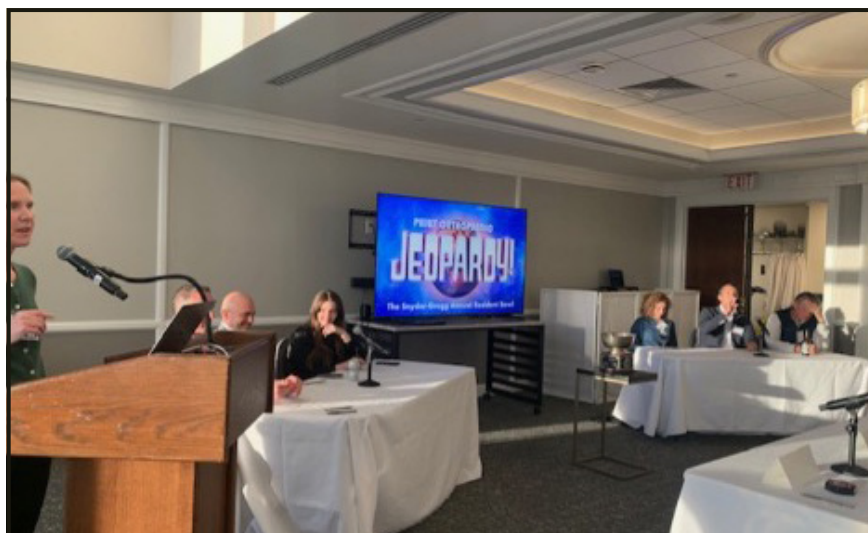
**27<sup>th</sup> Annual Snyder-Gregg Resident Bowl**



# ***Resident Bowl Highlights***



*Drs Gutowski and Levicoff with Bowl Winner, Andrew Lowery, MD*



*Dr. Nina Gutowski moderates the Bowl*



# *Resident Bowl Highlights*



*The Bowl Contestants: Neil Kelly, MD (Cooper),  
Duncan VanNest, MD (Einstein), Tyler Henry, MD (Jefferson),  
Nicholas Bennett, DO (PCOM), Lisa Friedman, MD (Penn),  
Andrew Lowery, MD (Temple)*



*Dr Barry Snyder recalls Dr Gregg*



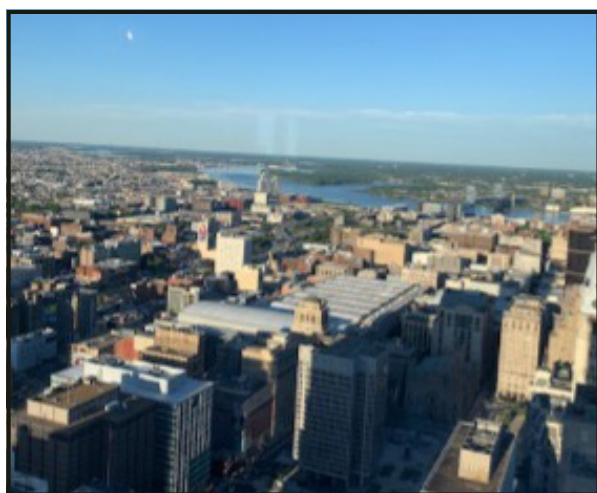
# *Resident Bowl Highlights*



*Slanga Award Winner  
Drs Fedorka and Bijan Dehghani*



*We had a full house!*



*The beautiful view from the 52nd Floor*



*Thank you to our sponsors!*

# MEET THE BOARD



**PRESIDENT**  
Catherine J. Fedorka, MD  
Cooper University Hospital



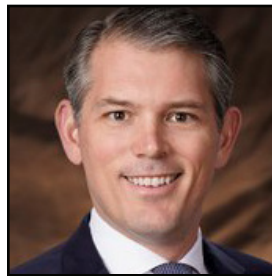
**PRESIDENT-ELECT**  
Christina Gutowski, MD  
Cooper University Hospital



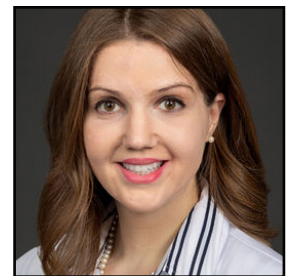
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Michael Messina, MD  
Valley Forge Orthopaedics  
at Tower Health



**SECRETARY**  
Blair S. Ashley, MD  
Main Line Health  
Orthopaedics & Spine



**TREASURER**  
Daniel E. Davis, MD  
Rothman Institute



**PROGRAM CHAIR**  
Theresa Pazonis, MD  
Temple Orthopaedics



**PROGRAM CHAIR ELECT**  
Leslie A. Barnes, MD  
Temple Orthopaedics



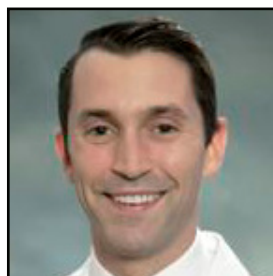
**HISTORIAN**  
Amrit Khalsa, MD  
Penn Orthopaedics



**BYLAWS**  
David A. Spiegel, MD  
Children's Hospital of Philadelphia



**MEMBERSHIP COMMITTEE**  
David Kugelman, MD  
Rothman Orthopaedics



**DIRECTOR-AT-LARGE 1<sup>ST</sup> YEAR**  
James Stenson, DO  
Jefferson Orthopaedics



**DIRECTOR-AT-LARGE 2<sup>ND</sup> YEAR**  
Christopher Kester, DO  
Main Line Health  
Orthopaedics & Spine



**IMMEDIATE  
PAST PRESIDENT**  
Surena Namdari, MD  
Rothman Institute